## Graft-versus-Host Disease: Advances in Prevention and Treatment

### **Celebrating a Second Chance at Life Survivorship Symposium**

April 29 - May 5, 2023



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part of the Sarah Cannon Cancer Institute at
Presbyterian/St. Luke's Medical Center

BMT infonet.org

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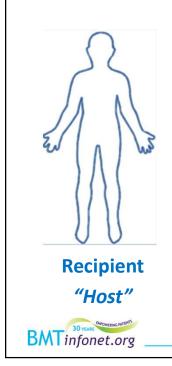
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#### **Topics We'll Discuss**

- Introduction to graft versus host disease
- Discuss new strategies to avoid graft versus host disease
- Discuss new treatments for graft versus host disease
  - Available new drugs
  - Drugs under investigation



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### **Transplant from donor**

#### **Blood forming cells: STEM CELLS**

· Replace Host's stem cells



#### **Immune Cells:**

- They can attack the recipient "Graft versus host disease"
- They can destroy cancer cells "Graft Versus Leukemia"

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#### **Graft-vs-Host Disease (GVHD)**

- Biological consequence of the transfer of a donor immune cells into the recipient
- Immunosuppressive medications are necessary to prevent GVHD
- GVHD can be eliminated by removing immune cells (T-cells) from the donor collection



#### **Graft-vs-host disease (GVHD)**

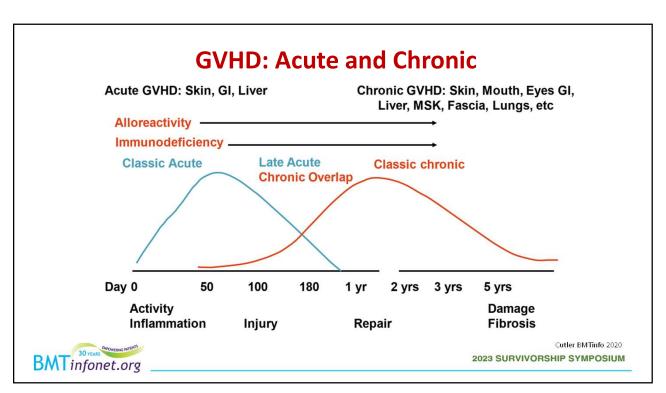
- GVHD is associated with anti cancer graftversus-leukemia (GVL) effect
- If you completely remove the donor immune cells increases risk of disease relapse.





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#### **Acute GVHD**

- · Leading cause of mortality
- Grade II-IV occurs in ~70% pts
- Grade III-IV occurs in 10-15%
- ~2-6 weeks after transplant
- 30-40% refractory to 1<sup>st</sup> line of treatment



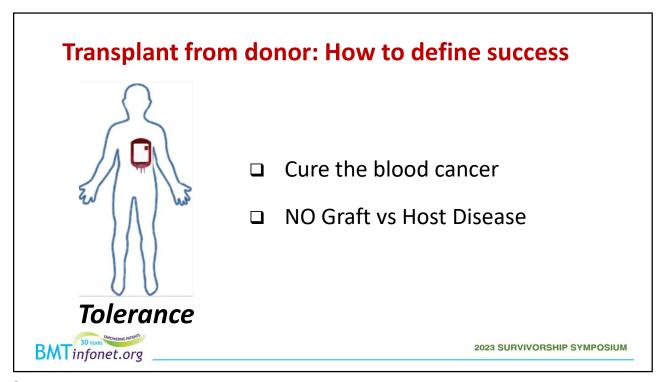
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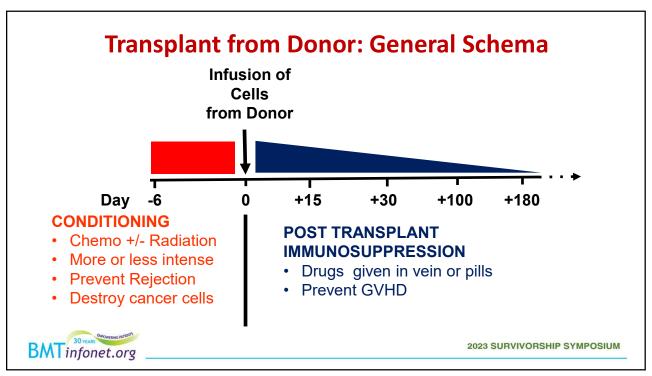
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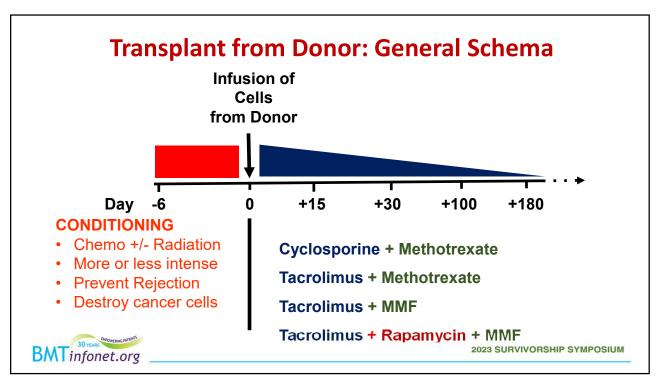
#### **Chronic GVHD**

- Most serious and common long-term complication transplant
- Occurs in 30% 55% of patients
- ~4-6 months after transplant
- 50% of patients have 3 or more involved organs
- On average therapy is required for 2-3 years









#### Other Ways to Reduce GVHD: Look at the Donation



We collect from donor a mix of many kind of cells: Stem Cells and LOTS and LOTS of immune cells.

- Some immune cells can induce GVHD (Naïve T-cell)
  - ALLOREACTIVE BAD guys
- Some immune cells can prevent or reduce GVHD (Regulatory Tcells)
  - TOLERANCE GOOD guys



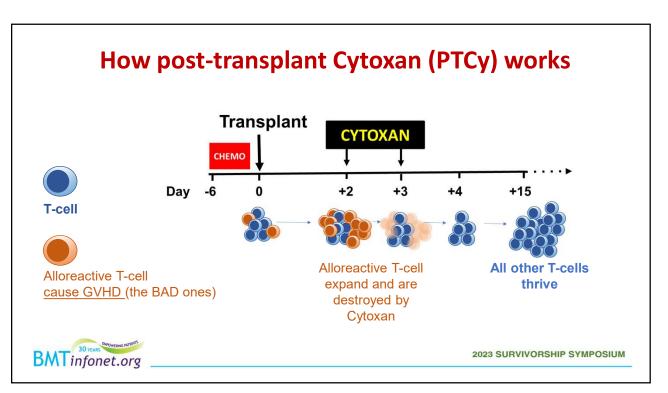
#### **Strategies to Avoid GVHD**

- Post-transplant Cytoxan (PTCy)
- Graft manipulation



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#### Post transplant Cytoxan (PTCy): Study and Clinical Data

- PTCy (+TAC/MMF) is already used world-wide for transplant from children or parents (Haplo)
- BMT CTN 1203 clinical trial showed promising results in transplant from siblings and unrelated donors.
- Phase III BMT CTN 1703 study evaluated outcomes post reduced-intensity conditioning transplant in patients randomized to receive PTCy + TAC + MMF vs standard TAC+ MTX

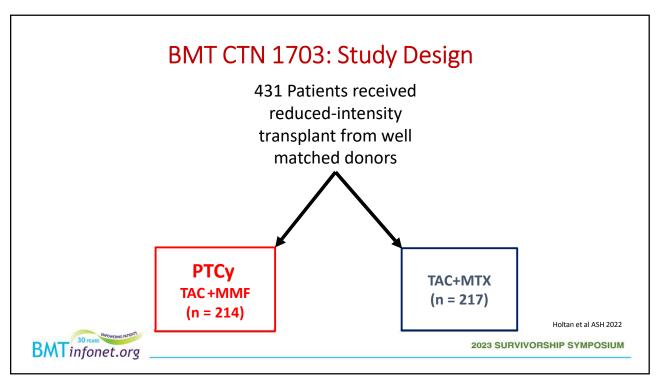
PTCy=post-transplant cyclophosphamide TAC=tacrolimus MMM=mycophenolate mofetil

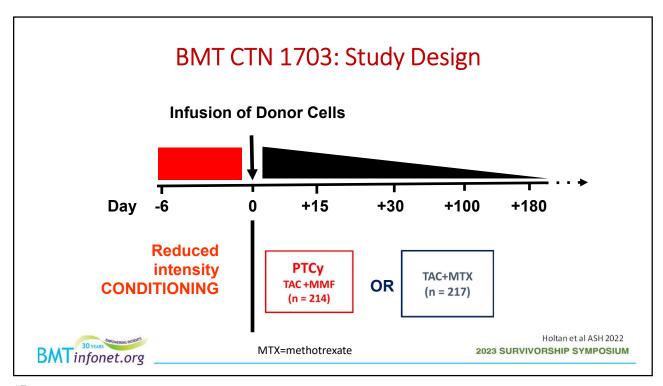
Holtan et al ASH 2022

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	MT CTN 1703: Patients Transplanted				
		PTCy + TAC + MMF (n = 214)	TAC + MTX (n = 217)		
	Men Women	63% 37%	58% 42%		
	Age: average Age: range	66 years 21-79 years	66 years 26-78 years		
	Disease Leukemia MDS Lymphoma	60% 29% 11%	58% 30% 8%		
30 years	Donor type ■ Related ■ Unrelated	28% 72%	31% 69%	Holtan et al ASH 2022	

#### BMT CTN 1703: Results

PTCy + TAC + MTX TAC + MMF (n = 217)(n = 214)Patients living without disease 53% 35%

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and without GVHD 1 year post transplant

> Holtan et al ASH 2022 2023 SURVIVORSHIP SYMPOSIUM

> > Holtan et al ASH 2022

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#### **BMT CTN 1703: Results**

PTCy +

TAC + MTX TAC + MMF (n = 217)(n = 214)Patients with acute GVHD 6% 15% 100 days post transplant Patients with chronic GVHD 12% 25% 1 year post transplant Patients with Cancer Relapse 21% 20% 1 year post transplant **Transplant mortality 12%** 17% 1 year post transplant 2023 SURVIVORSHIP SYMPOSIUM BMT infonet.org

#### **BMT CTN 1703: Conclusions**

PTCy + TAC + MMF: 2023 new standard of care

for GVHD prophylaxis in well-matched donor transplant for adults receiving reduced-intensity conditioning



Holtan et al ASH 2022. Abstr LEA-4.

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#### Other Ways to Reduce GVHD: Look at the Donation



We collect from donor a mix of many kind of cells: Stem Cells and LOTS and LOTS of immune cells.

- Some immune cells can induce GVHD (Naïve T-cell)
  - ALLOREACTIVE BAD guys
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#### **Other Ways to Reduce GVHD**

#### Donor collection:

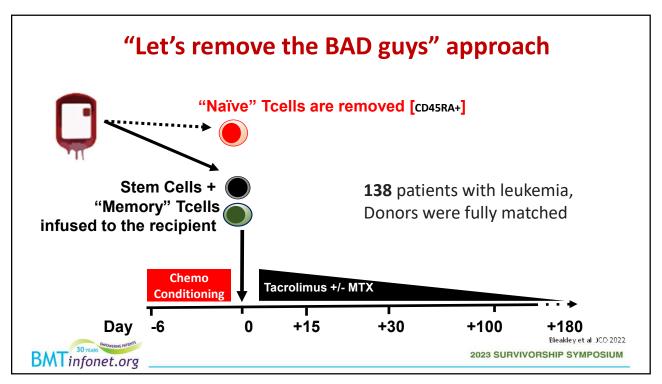
- Let's remove the bad guys
- Let's help the good guys



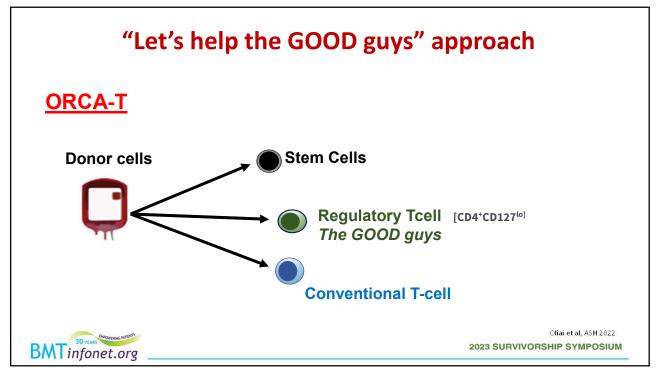


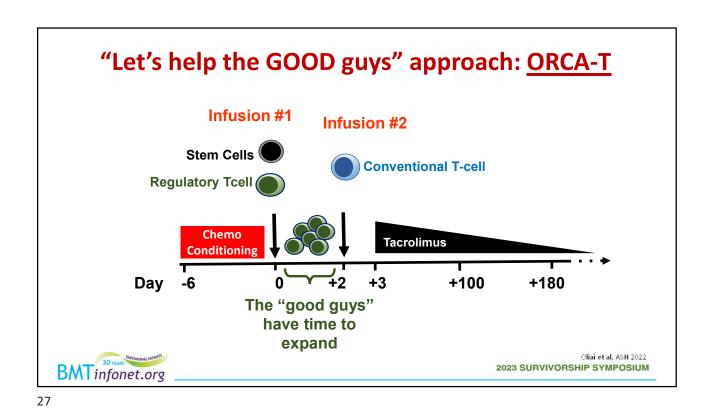
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"Let's remove the BAD guy	s" approach
	"Naïve"Tcell depleted (n = 138)
Patients with acute GVHD g≥3 180 days post transplant	4% None severe
Patients with <b>chronic GVHD</b> 1 year post transplant	7% None severe
Patients living without disease and without GVHD 3 year post transplant	68%
Overall Survival 3 year post transplant	77%
MTinfonet.org	Eleakley et al J





#### **ORCA-T**: clinical trials

- 127 patients, with high-risk blood cancers
- Donors were fully matched-related (n=66) or unrelated (n=61).
- Transplant was with high-dose chemo or radiation
- · Post-transplant single-agent tacrolimus
- Outcomes were compared with 375 matched patients from the CIBMTR registry



Oliai et al, ASH 2022

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	ORCA-T	: Results		
		ORCA-T (n = 127)	CIBMTR Control (n = 375)	
	Patients with <b>acute GVHD g≥3</b> 180 days post transplant	5%	16%	
	Patients with <b>chronic GVHD</b> 1 year post transplant	6%	38%	
1 y No 1 y Ov	Relapse free survival  1 year post transplant	81%	62%	
	Non Relapse mortality 1 year post transplant	5%	10%	
	Overall Survival  1 year post transplant	91%	68%	
30 YEARS	net.org		Olia 2023 SURVIVORSHIP	i et al, ASH 20 SYMPOS

#### **ORCA-T: Results**

ORCA-T CIBMTR Control (n = 127) (n = 375)

Patients living without disease and without GVHD 76% 34% 1 year post transplant

A multi-center randomized controlled phase 3 trial comparing Orca-T to standard of care is currently enrolling across the US (NCT05316701).

Oliai et al ASH 2022

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### **GVHD treatment: Principles**

Steroids: mainstay of Systemic Treatment

Acute: 40-60% response < 5 days</li>

Chronic: needs long course, combo not better

When steroids don't work: always poor outcome







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#### **GVHD: CHALLENGES**

- No treatment fits all patients
- Largely ineffective treatments
- Treatment is toxic, immunosuppressive, might be needed lifelong
- Impact on quality of life, return to family life, relationships, work



#### **GVHD: Ideal treatment**

- Effective
- Not toxic
  - Does not reduce immune defenses
  - o Does not damage organs in the long-run



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### **New drugs approved for GVHD treatment**

	Type of GVHD	FDA approved
Ibrutinib (Imbruvica)	Chronic	2/8/2017
Ruxolitinib	Acute	5/24/2019
(Jakafi)	Chronic	9/22/2021
Belomosudil (Rezurock)	Chronic	7/16/2021



### Ibrutinib (Imbruvica)



- Pill: once a day with water
- Already used for treatment of lymphomas and leukemia
- How does it work?
  - Blocks B and T cells responsible for GVHD
  - Stops production of antibodies involved in GVHD
  - Stops production of inflammatory substances (cytokines) involved in GVHD



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#### **Ibrutinib**

In original study including 42 patients with bad GVHD resistant to steroids:

- In 31% of patients, GVHD went away completely
- 38% of patients had partial resolution of GVHD
- In 55% of patients, the response lasted at least 11 months
- 64% of patients could reduce the usage of steroids like prednisone
- It works on sclerotic GVHD:
  - 61% of patients with sclerosis showed improvement and in 39% tightening of the skin went away

Waller EK, BBMT 2019 PCYC-1129-CA



# Ibrutinib (Imbruvica)

#### **Adverse effects:**

>20%

- Fatigue;
- Bruising
- Low platelets
- Muscle spasm
- Nausea
- Pneumonia
- Mount sore

~5%

Irregular heartbeat



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# Ruxolitinib (Jakafi)



- Pill: twice a day
- Already used for other blood diseases (myelofibrosis and P.Vera)
- How does it work?
  - Modulates immune system to switch off GVHD: regulates the development, proliferation, and activation of several immune cell types.



#### Ruxolitinib

#### **REACH2 Trial: acute GVHD**

Randomly assigned 309 patients with severe steroid-refractory acute GVHD to receive ruxolitinib 10 mg twice daily (n = 154) or best available therapy (n = 155)

- The improvement was seen in 62% of patients compared to 39%.
- ➤ GVHD went completely away in 34% of patients on ruxolitinib vs 19% in the control group
- The good response was maintained after 2 months of treatment in more patients in the ruxolitinib group than in the control group (40% vs. 22%)



Zeiser R, NEJM 2020

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#### **Ruxolitinib**

#### **REACH3 Trial: chronic GVHD**

- Randomly assigned 329 patients with moderate or severe steroid-refractory or dependent chronic GVHD to receive ruxolitinib 10 mg twice daily (n = 165) or best available therapy (BAT; n = 164)
- The improvement was seen in 50% of patients compared to 26%.
- The responses lasted up to 1 year and 7 months
- Patients reported improved quality of life and symptoms



Zeiser R, NEJM 2021 Lee S, et al Blood. 2021 2023 SURVIVORSHIP SYMPOSIUM

# Ruxolitinib (Jakafi)

#### **Adverse effects:**

>35%

- Anemia
- Low platelets

>20%

- Infection, fungal, viral
- Liver test go up



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# Belumosudil (Rezurock)

- Pill: once or twice a day with food
- Totally new drug designed to fight fibrosis (ROCK inhibitor)
- How does it work?
  - Modulates immune system to switch off GVHD, does not depress the immune system
  - Anti-fibrosis



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#### **Belumosudil**

- 77% of patients treated improved; noted responses in all affected organs
- In 50% of patients the response lasted at least 14 months
- · Very well tolerated
- Signals of response in patients who experienced treatment failure with ruxolitinib and ibrutinib.

Cutler et al, Blood 2021 Study: ROCKstar



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# Belumosudil (Rezurock)

#### **Adverse effects:**

#### >20%

- Fatigue
- Edema, muscular pain
- Liver test go up
- Headache
- Gl upset





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#### On the Horizon: DRUG on CLINICAL TRIAL

#### **Axalitimab:**

#### Anti CSF-1R antibody that blocks cells involved in GVHD (macrophage)

- 40 patients with <u>very bad GVHD</u>, received, on average 4 previous therapies: 65% had already ibrutinib, 52% ruxolitinib, 20% belumosudil
- Infusion IV every 2 weeks
- 67% of patients improved, worked in all affected organs
- Responses noted by the first month of treatment
- Drug was well tolerated, minimal drug-drug interactions

Ongoing clinical trial AGAVE-201 (NCT04710576)



Kitko et al. JCO 2022 2023 SURVIVORSHIP SYMPOSIUM

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#### Thank you !!!

#### **My Patients!**

My Nurses

My colleagues

**BMT***Infonet* 

Pharmacists
Transplant coordinators
Case managers
Social workers
Administrative staff





### **QUESTIONS?**



Marcello Rotta, MD
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Sarah Cannon Cancer Institute at
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