

# Treatment Options for Patients with Sickle Cell Disease

Hosted by **Blood & Marrow Transplant Information Network**



Transplant and sickle cell survivor, Maxwell Monroe

**Our thanks to bluebird bio for supporting this webinar.**

**Webcast will begin 7:00 pm ET, 6:00 pm CT, 5:00 pm MT, 4:00 pm PT**

## Meet Tonight's Speakers



**Alison Towerman MSN, RN, CPNP**

St. Louis Children's Hospital  
Washington University School of Medicine  
St. Louis, Missouri

**Hemalatha Rangarajan MD**

Nationwide Children's Hospital  
Columbus, Ohio



# Emerging Curative Options for Sickle Cell Disease: Bone Marrow Transplant and Gene Therapy

ALISON TOWERMAN, RN, MSN, CPNP

WASHINGTON UNIVERSITY SCHOOL OF MEDICINE, ST. LOUIS, MO

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HEMALATHA RANGARAJAN, MD

CLINICAL ASSISTANT PROFESSOR OF PEDIATRICS

NATIONWIDE CHILDREN'S HOSPITAL, COLUMBUS, OH



Sickle Cell Transplant Advocacy & Research Alliance

# Conflict of Interest and Disclosures

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## ❑ Conflict of Interest:

- Dr. Rangarajan: Honorary Consultant for Medexus (Treosulfan)
- Alison Towerman: None

## ❑ May discuss off-label use of some medications



# Learning Objectives

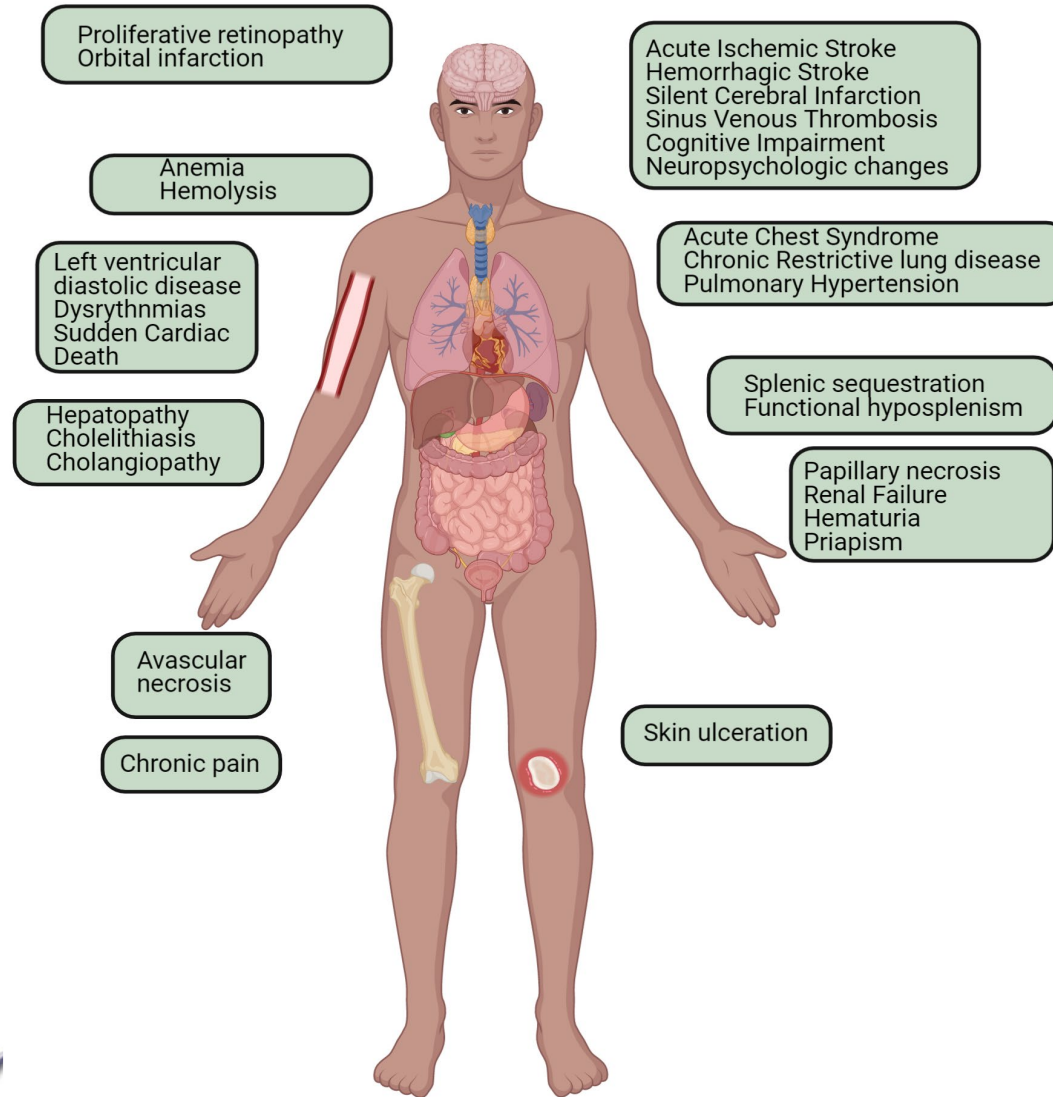
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- ❑ Provide an overview and describe the process of bone marrow transplant (BMT) and gene therapy for sickle cell disease (SCD)
- ❑ Summarize outcomes of BMT in SCD from both matched sibling and non-matched sibling donors
- ❑ Compare outcomes of gene therapy with BMT for SCD

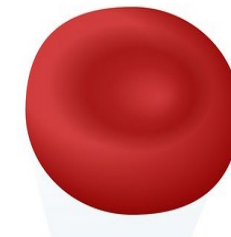


# Overview of Sickle Cell Disease

- ❑ Inherited disorder that affects red blood cells
- ❑ Affects ~100,000 Americans (CDC, 2020)



- ❑ Defect in hemoglobin (protein) inside red cell = Sickle Hemoglobin



Normal red blood cell



Sickle red blood cell

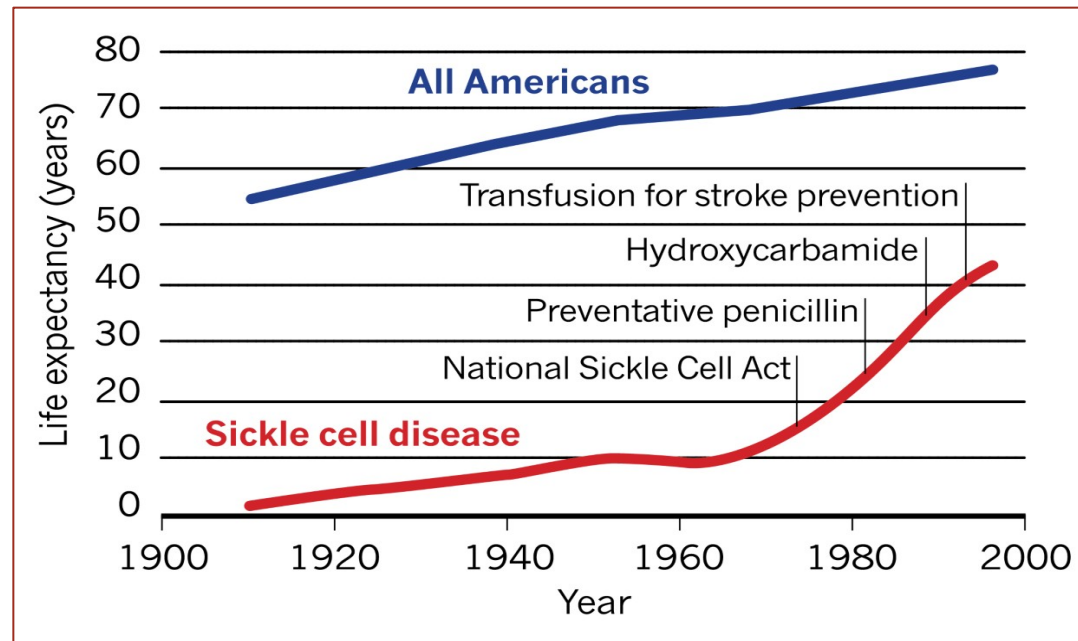
Adapted from Piel FB, et al. *N Engl J Med.* 2017;376:1561-1573



# Sickle Cell Disease: Progress and Problems

## Progress:

- Improved childhood survival
- Early diagnosis
- Supportive care
- Disease modifying therapies



## Problems:

- Early mortality
- Median age of survival: 48 years (1990s to 2019)

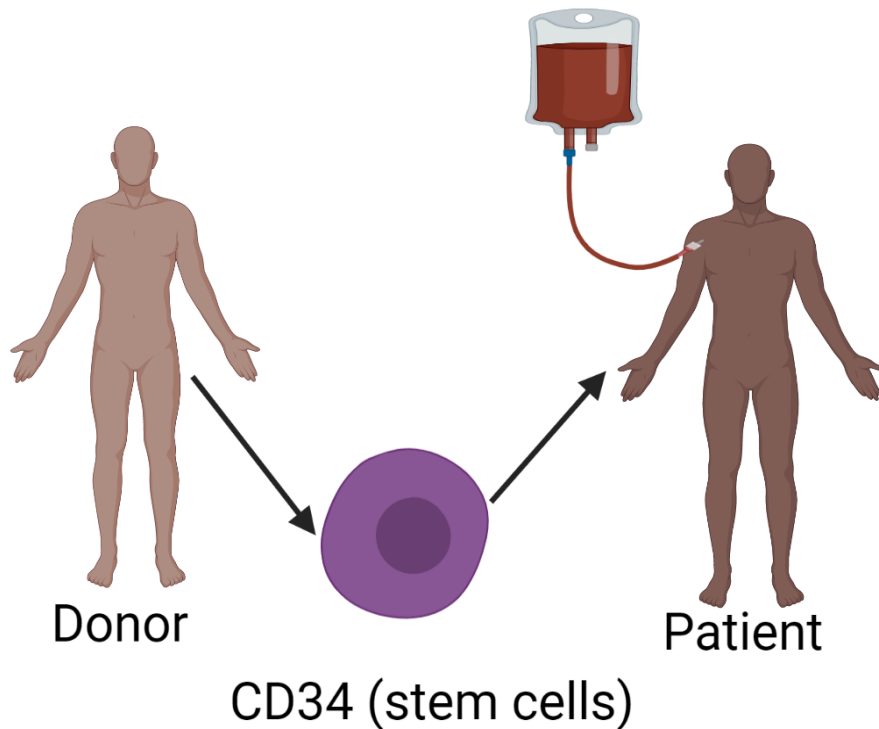
Pleasant, S. *Nature*. 515,S2(2014)

Platt OS, et al. *N Engl J Med*. 1994;330:1639-44.  
DeBaun M, et al. *Blood*. 2019;133:615-617.

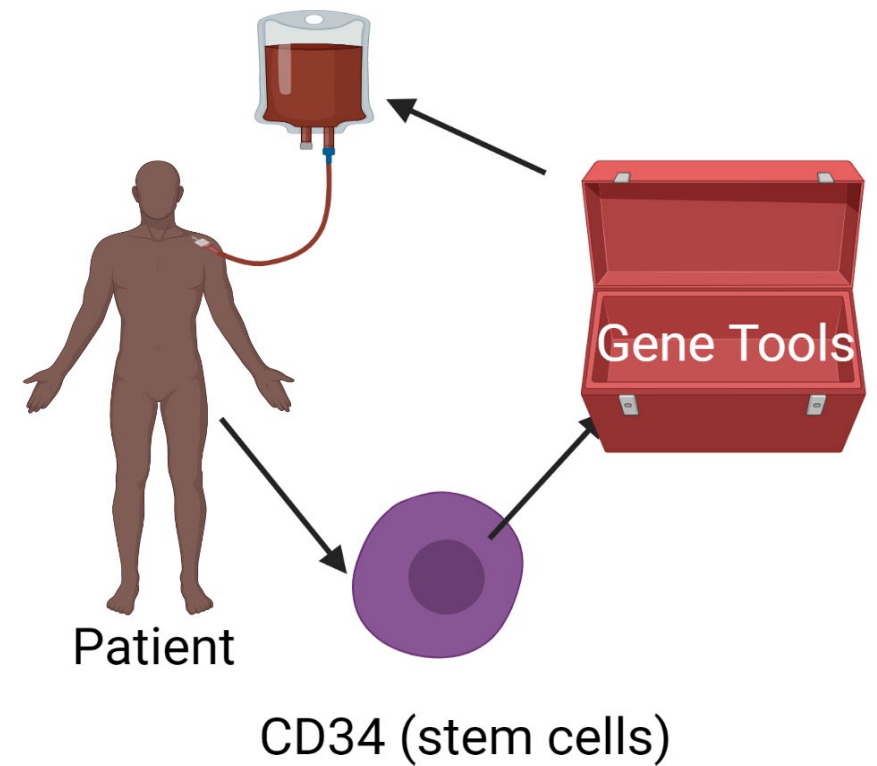


# Forward Steps: Cure a Reality

## Bone Marrow Transplant



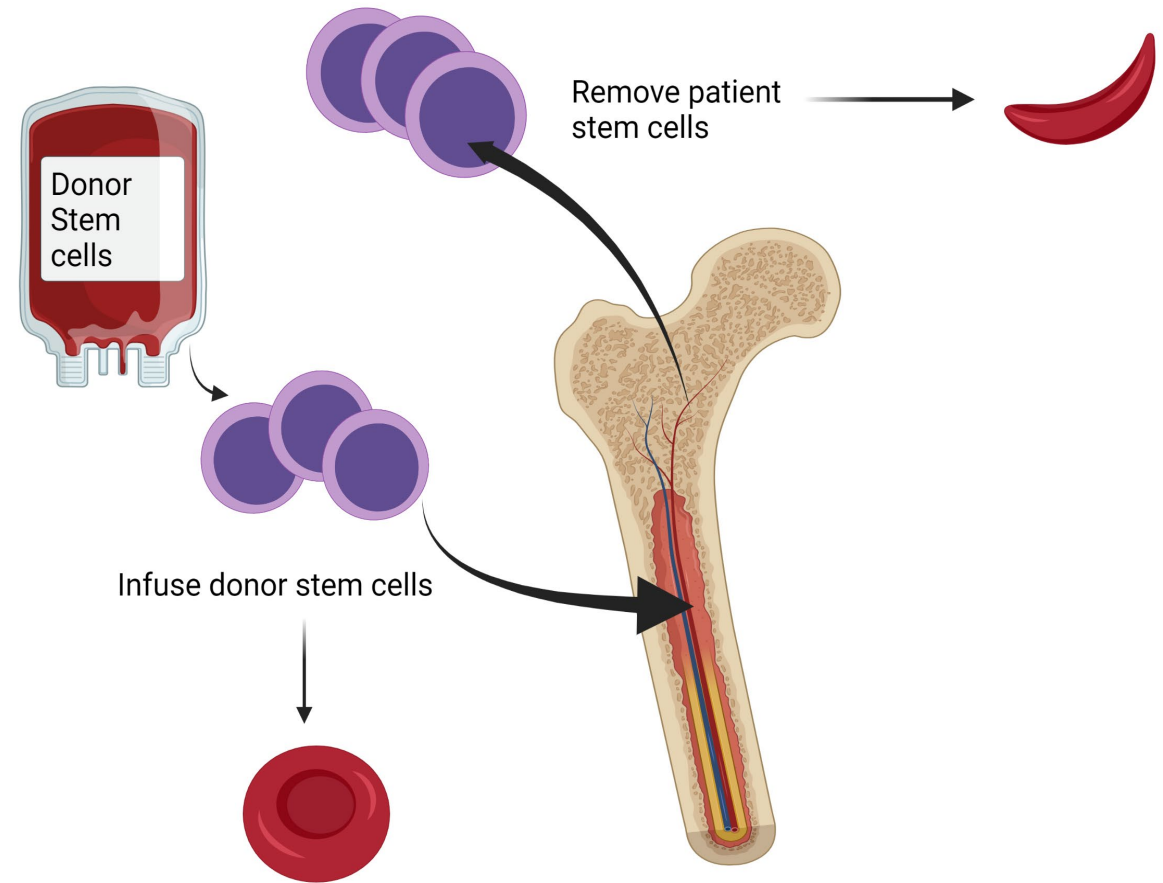
## Gene Therapy





# The Bone Marrow Transplant Process

- ❑ Stem cells housed in bone marrow give rise to different cells in body
- ❑ In sickle cell disease RED CELL is defective
- ❑ Therefore, replacing stem cells = cure
- ❑ Bone marrow transplant replaces patient's stem cells with those from another person (not self)
- ❑ Chemotherapy creates space in the bone marrow for new cells to set up factory and start production



# BMT in Sickle Cell Disease: Background

- ❑ First patient cured of sickle cell disease through bone marrow transplant described in 1984
- ❑ First international multi-center clinical trial in 1996
- ❑ Advances in treatment regimens
- ❑ Ability to use donors other than sibling donors
- ❑ <3000 patients worldwide

## BONE-MARROW TRANSPLANTATION IN A PATIENT WITH SICKLE-CELL ANEMIA

F. LEONARD JOHNSON, M.B.B.S.,  
A. THOMAS LOOK, M.D., JON GOCKERMAN, M.D.,  
MARY R. RUGGIERO, P.N.P.,  
LUCIANO DALLA-POZZA, M.B.B.S.,  
AND FREDERIC T. BILLINGS III, M.D.

THE NEW ENGLAND JOURNAL OF MEDICINE

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NUMBER 6



### BONE MARROW TRANSPLANTATION FOR SICKLE CELL DISEASE

MARK C. WALTERS, M.D., MELINDA PATIENCE, R.N., M.S.N., WENDY LEISENRING, Ph.D., JAMES R. ECKMAN, M.D.,  
J. PAUL SCOTT, M.D., WILLIAM C. MENTZER, M.D., SALLY C. DAVIES, M.D., KWAKU OHENE-FREMPONG, M.D.,  
FRANÇOISE BERNAUDIN, M.D., DANA C. MATTHEWS, M.D., RAINER STORB, M.D., AND KEITH M. SULLIVAN, M.D.

Johnson L, et al. *N Engl J Med.* 1984;311:781-783.

Walter M, et al. *N Engl J Med.* 1996;335:369-376

Cimpeanu et al. *Blood Rev.* 2021; 100868..



# Bone Marrow Transplant for SCD: Eligibility

## ❑ Medical indications: Severe disease

- 1 stroke
- 2 acute chest syndrome episodes
- > 3 pain crises (prior 1-2 years)
- Irreversible organ damage

## ❑ Patient motivation

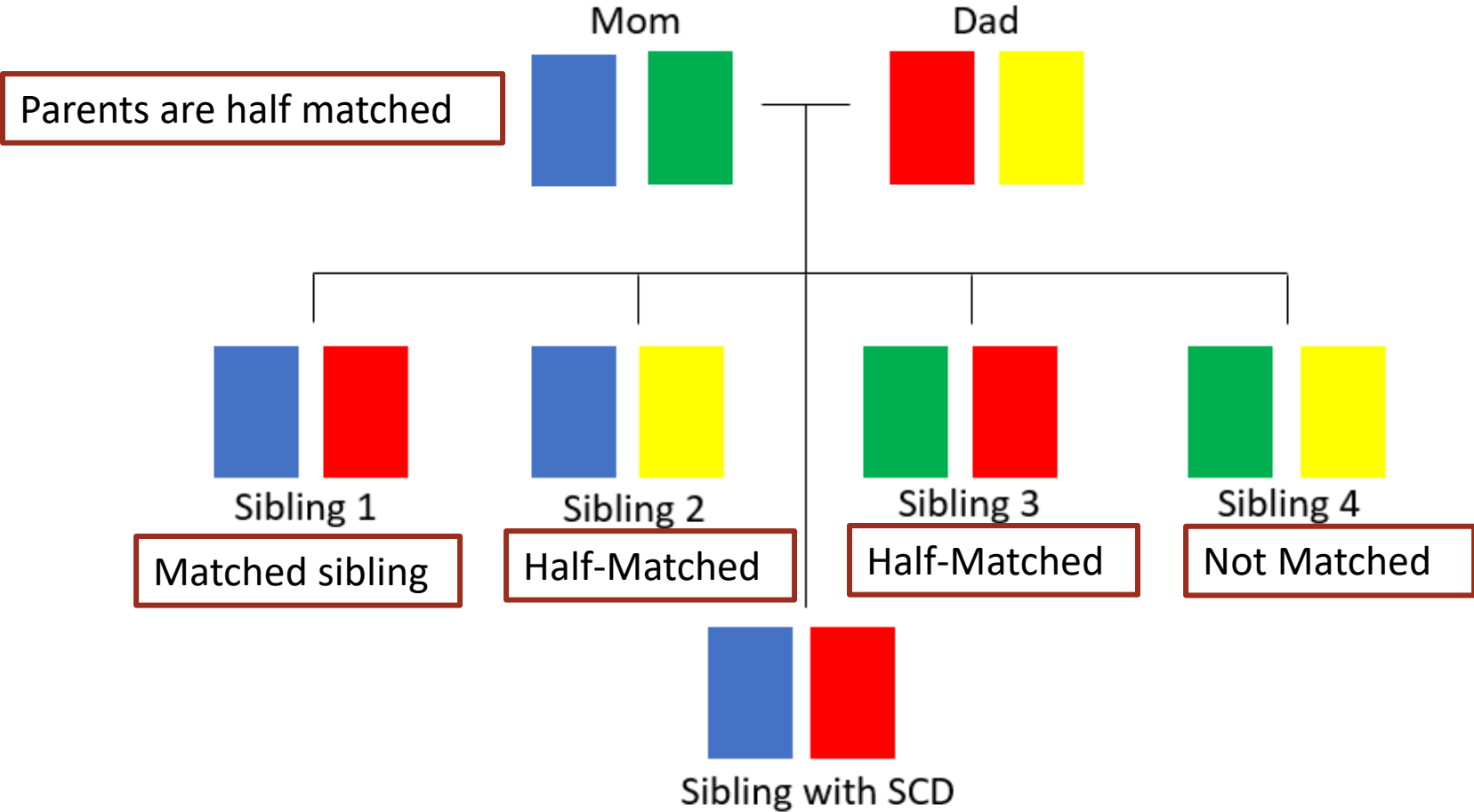
## ❑ Support system

Children	Adults (age 15-40 years)
Stroke or central nervous system event lasting longer than 24 hours	Clinically significant neurological event (stroke) or any neurological deficit lasting >24 hours
Impaired neuropsychological function with abnormal cerebral MRI imaging and angiography	History of 2 or more episodes of acute chest syndrome for 2 years, despite support care measures
Recurrent acute chest syndrome	History of 3+ severe pain crises per year for 2 years, despite supportive care measures
Stage I or II sickle lung disease	Red cell transfusion therapy 8 or more times per year for 1 year or more to prevent vaso-occlusive complications
Recurrent vaso-occlusive painful episodes or recurrent priapism	Tricuspid valve regurgitant > 2.7 m/s on Echocardiogram
Sickle nephropathy (glomerular filtration rate 30-50% of predicted normal)	

Arnold SD, et al. *Br J Haematol.* 2016; 174:515-525.



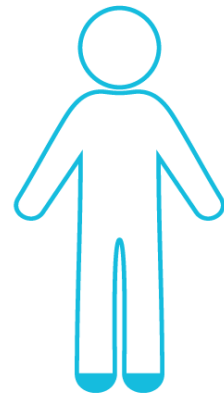
# Ideal Donor: Matched Sibling



# Difficulty Finding a Matched Donor for African Americans

## □ Likelihood of finding

- matched sibling donor ~18%
- matched unrelated donor <18%
- half-matched donor: universal availability



Caucasian

**2%**

Cannot find a matching donor



Latino

**55%**

Cannot find a matching donor



Asian American

**60%**

Cannot find a matching donor



African American

**75%**

Cannot find a matching donor



Multi-Racial

**75%**

Cannot find a matching donor

Mentzer WC, et al. *Am J Pediatr Hematol Oncol.* 1994;16:27-29.

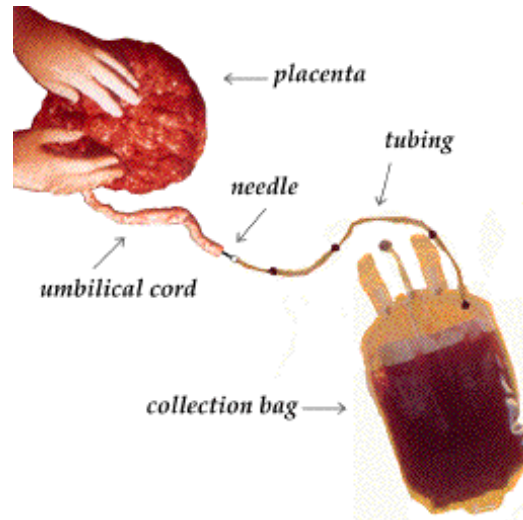


# Stem Cell Sources

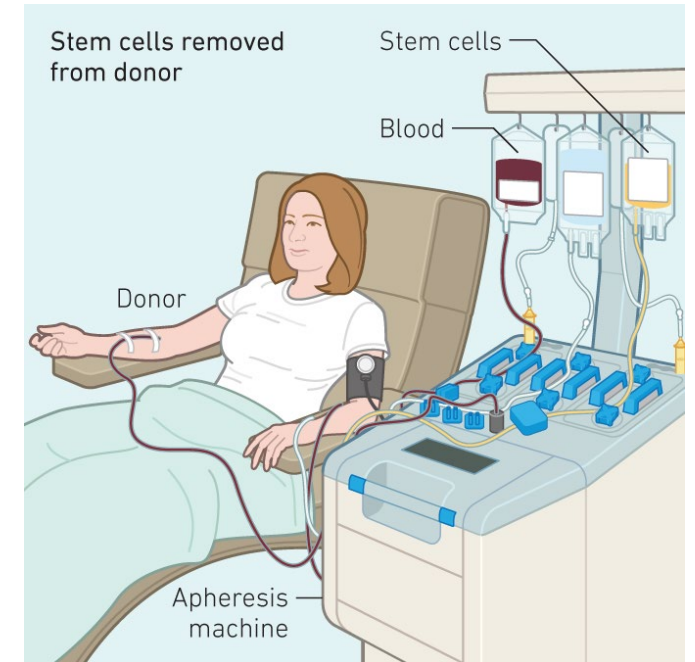
## Bone Marrow Harvest



## Umbilical Cord Blood



## Peripheral Blood



# Bone Marrow Transplant Process

1. Pre transplant workup: 1-3 months prior to transplant
  2. Preparative regimen (combination of chemotherapy  $\pm$  radiation): 1-3 weeks before transplant
  3. Transplant: Day 0
  4. Engraftment: 2-6 weeks after transplant
  5. Early recovery post-transplant: 1-6 months after transplant
  6. Late recovery post-transplant: 6 months to years after transplant
- ❖ Not a surgery!

Maryland Sickle Cell Disease Association, 2017



# Benefits of Bone Marrow Transplant in SCD

- ❑ Prevent further organ damage
- ❑ Stable to improved:
  - Lung, heart and spleen function
  - Brain imaging, Transcranial dopplers
- ❑ Prevention of cognitive decline
- ❑ Health Related Quality of Life
  - General health
  - Decreased pain
  - Physical
  - Emotional
  - Psychosocial
- ❑ Chance for a cure!

Adapted from Badaway, SM, et al. *Blood Adv.* 2021; 5(2):570-583.





# Bone Marrow Transplant in SCD: Risks

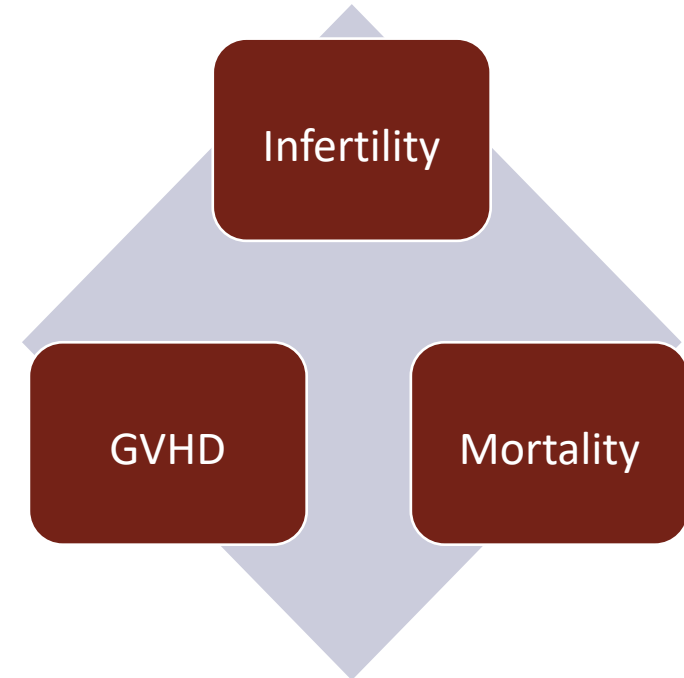
## Immediate

- Chemotherapy side effects
- Infection
- Graft-versus-host disease
- Rejection (Failure of Transplant)
- Social and emotional issues

## Long term side effects

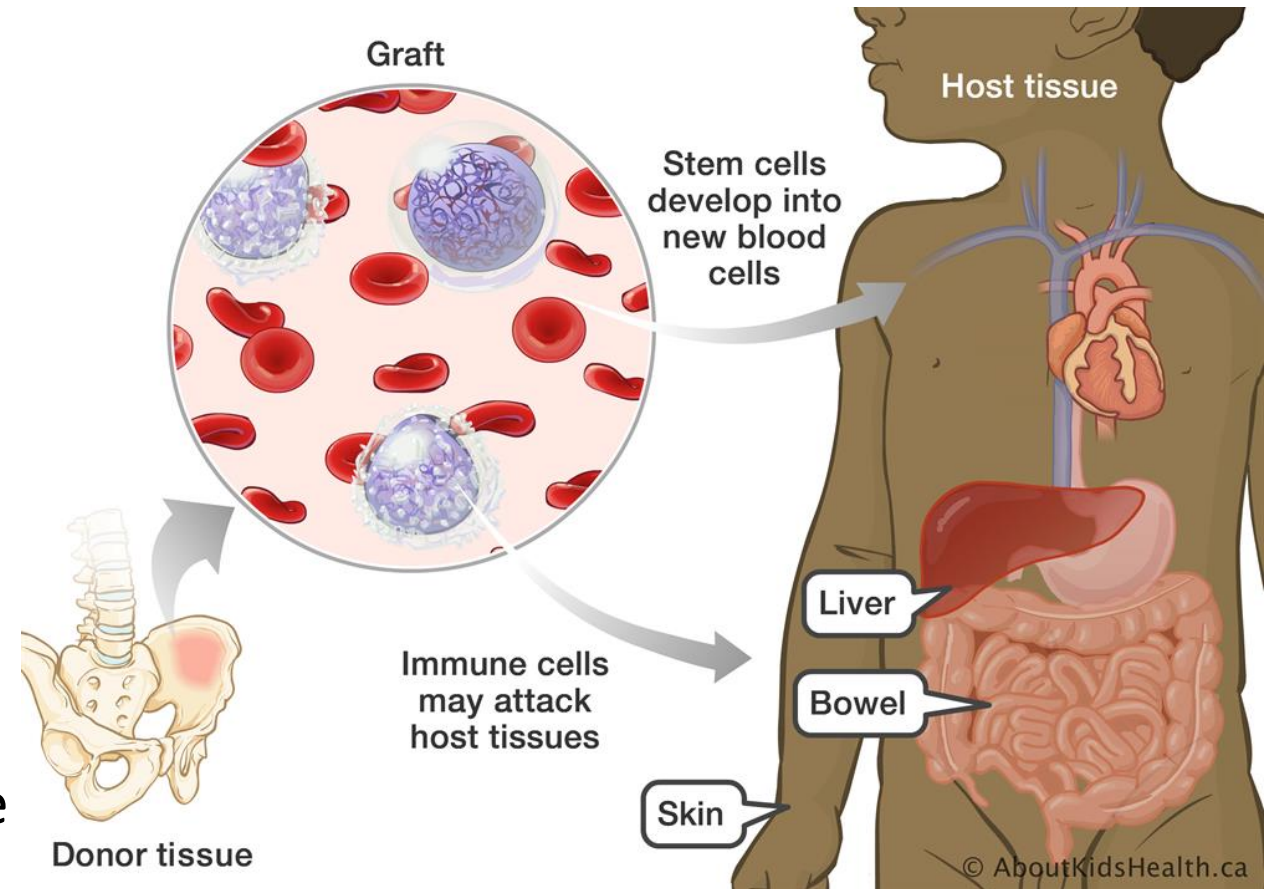
- Impaired organ function
- Infertility
- Risk of cancers (due to chemotherapy: very low)

## Death



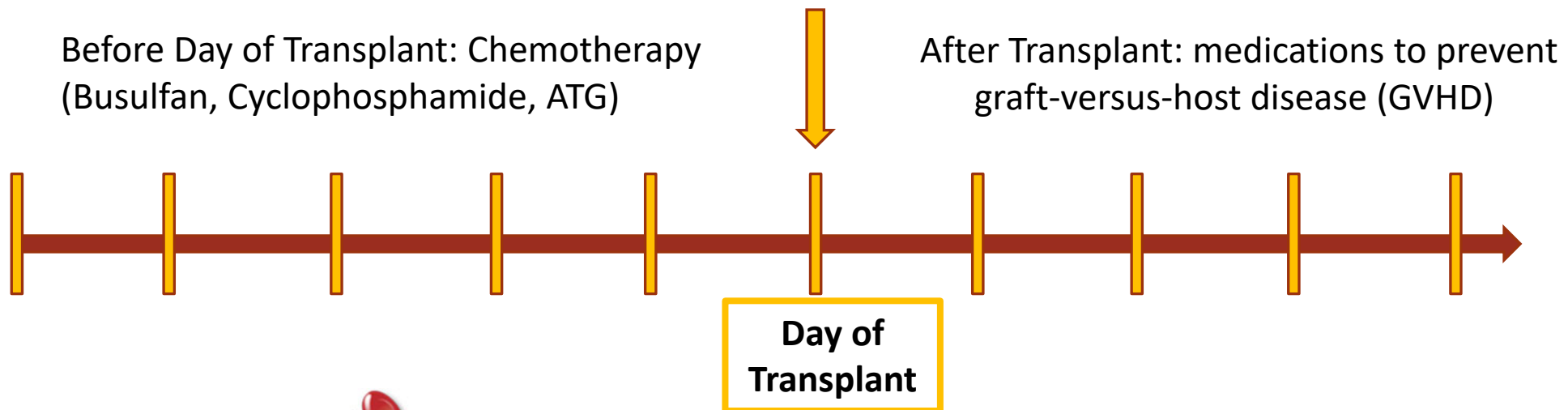
# Graft Versus Host Disease (GVHD)

- ❑ Complication of BMT
- ❑ New (donor) white cells see patient tissues/cells as foreign/non-self and attacks them
- ❑ Can affect any organ eventually
- ❑ Acute (early after transplant)
- ❑ Chronic (late after transplant)
- ❑ Treatment: Medicines that suppress the immune system



# Traditional Bone Marrow Transplant in SCD

- ❑ Strong Chemotherapy: Busulfan, Cyclophosphamide, Anti-thymocyte globulin (ATG)
- ❑ First transplants used matched sibling donors (MSD)
- ❑ Prevention of Graft versus Host Disease (GVHD): Tacrolimus or Cyclosporine & Methotrexate



# Outcomes in Matched Sibling Donor Transplants Strong Chemotherapy (earlier studies)

Study, Year	# of patients	Median Age	Graft Failure	Overall Survival	Event-Free Survival	GVHD
Vermylen, 1998	50	7.5 years	10%	93%	82%	20%
Walters, 2000	50	9.4 years	10%	94%	84%	12%
Bernaudin, 2010	144	9 years	<2%	95%	93%	23%

Follow up ranging from 3 year to 5.5 years

**Graft failure:** Transplant did not work

**Overall Survival:** Alive with or without SCD disease

**Event Free Survival:** Alive without SCD

**GVHD:** Graft versus host disease

Vermylen C, et al. *Bone Marrow Transplant.* 1998; 22: 1-6.

Walters M, et al. *Blood.*2000; 95:1918-1924.

Bernaudin F, et al. *Blood* 2010; 116:3518.



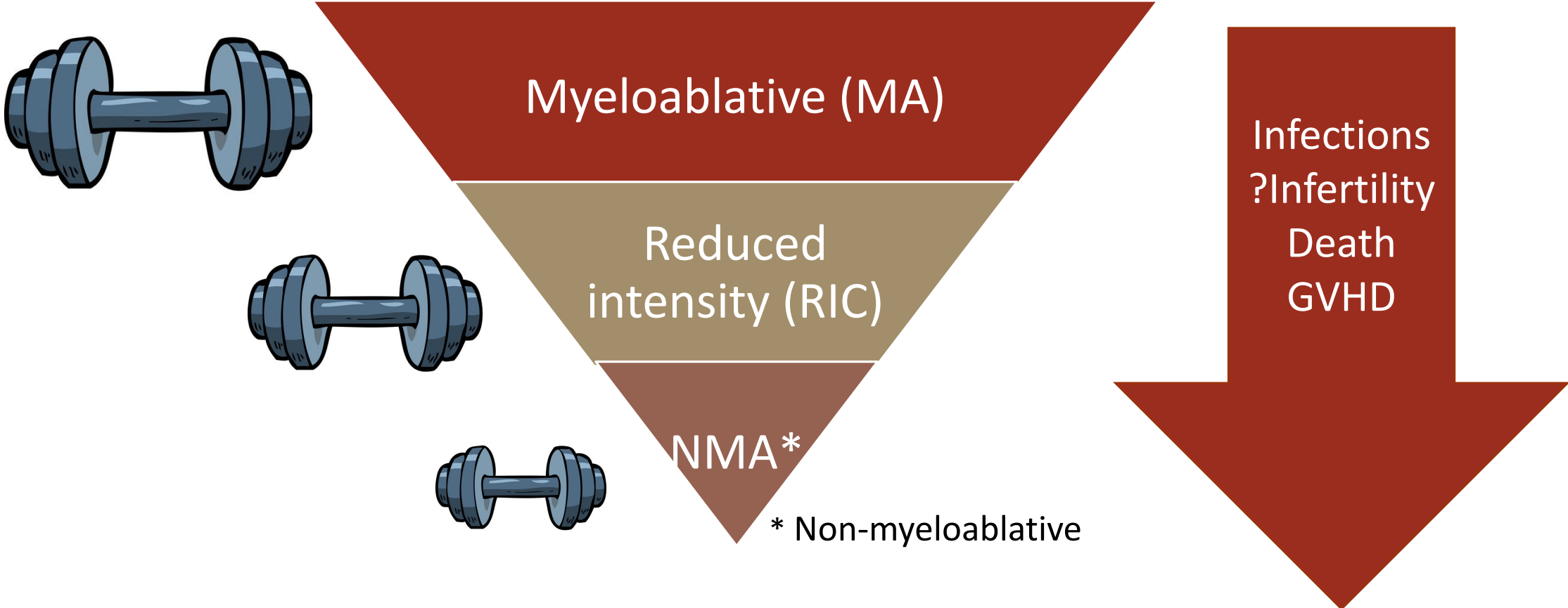
# Traditional BMTs: Strong Chemotherapy

- ❑ Matched sibling donor: Bone marrow (BM) = umbilical cord blood (UCB)
- ❑ Umbilical cord blood : Prefer to wait till donor is older & use BM alone or BM+ UCB
- ❑ Complications
  - ❑ Infertility
  - ❑ GVHD, Mortality
  - ❑ **Neurological (brain) complication: 20-38% (seizures, headaches, bleeds)**
- ❑ Therefore, **need for less toxic chemotherapy regimens**



# Strength of Chemotherapy Regimens

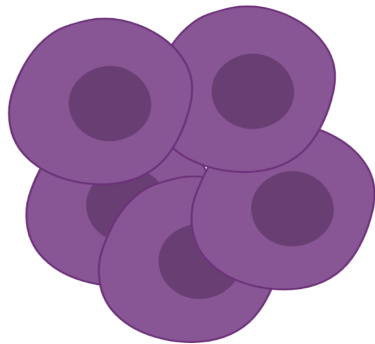
## RISKS and TOXICITIES



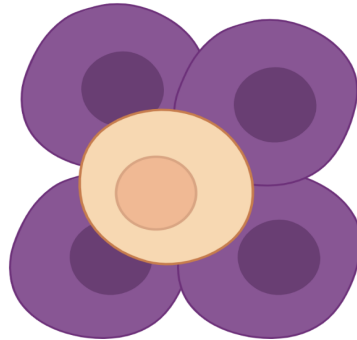
# Minimum Number of Donor Cells Sufficient for Cure

- ❑ Minimum percentage of donor cells for CURE: **20% donor cells sufficient!**
- ❑ Donor red cells survive longer than Sickle red cells.

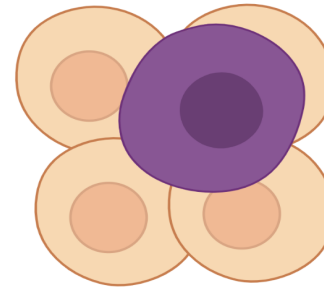
Strength of Chemotherapy



Full Donor Chimerism:  
All Cells donor:  
100% donor



Mixed Chimerism:  
Donor Cells: 80%  
Patient Cells: 20%



Mixed Chimerism:  
Donor Cells: 20%  
Patient Cells: 80%



CURE of SICKLE CELL DISEASE

Walters M et al, *Biol Blood Marrow Transplant.* 2001; 7: 665-673.  
Abraham A et al, *Biol Blood Marrow Transplant.* 2017; 12: 2178-2183.  
Fitzhugh C et al *Blood,* 2017; 130: 1946-1948



# Reduced Intensity matched sibling BMT (medium strength)

Study Year	Number of Patients	Median Age	Graft Failure	Overall Survival	Event-Free Survival	GVHD
Bhatia, 2014	18	8.9 years	0%	100%	100%	17%
King 2015*	43	13years	1.9%	93%	91%	23%
Strocchio, 2014	30	8.4 years	7%	100%	93%	3%
Krishnamurti, 2019	22	22 years	0%	91%	94%	20%

- Outcomes similar to strong regimens
- Neurological (brain) toxicity: 4.5 to 11%
- \*Menstrual cycles resumed in 4 females

Follow up ranging from 3 year to 10 years

**Graft failure:** Transplant did not work

**Overall Survival:** Alive with or without sickle cell disease

**Event Free Survival:** Alive without sickle cell disease

**GVHD:** Graft versus host disease

Bhatia M, et al. *Bone Marrow Transplant*.2014; 49:913-920.  
 King A, et al. *Am. J. Hematol.* 2015;90:1093-1098.  
 Strocchio L, et al. *Br J Haematol.* 2015; 169: 726 -236.  
 Krishnamurti L, et al. *Am J Hematol.*2019; 94: 446-454.





# Least Intense Matched Sibling BMT: Minimal Toxicity

Author, Year	Number of patients	Median Age	Graft Failure %	GVHD %	Deaths %
Hsieh 2014 (updated w/ permission)	58	28.5 years	14	0	0
Saraf, 2016	13	30 years	7.7	0	0
Guilcher, 2019	16	12 years	0	0	0
*Alzharani, 2021	122	29 years	13	1.6	5.7

Follow up ranging from 18 months to 3 years

**Graft Failure:** Transplant not working

**GVHD:** Graft Versus Host Disease

- ☐ Minimal to no GVHD
- ☐ Slightly higher risk of Graft failure
- ☐ Risk of death: low
- ☐ Event Free Survival (Alive without SCD) 87% -100%
- ☐ \* 21 pregnancies reported in one study

Hsieh M, et al. *JAMA*.2014; 312: 48-56

Saraf S, et al. *Biol Blood Marrow Transplant*. 2016; 22: 441-8

Guilcher G M, et al *Biol Blood Marrow Transplant* 2019; 25: 1179-1186

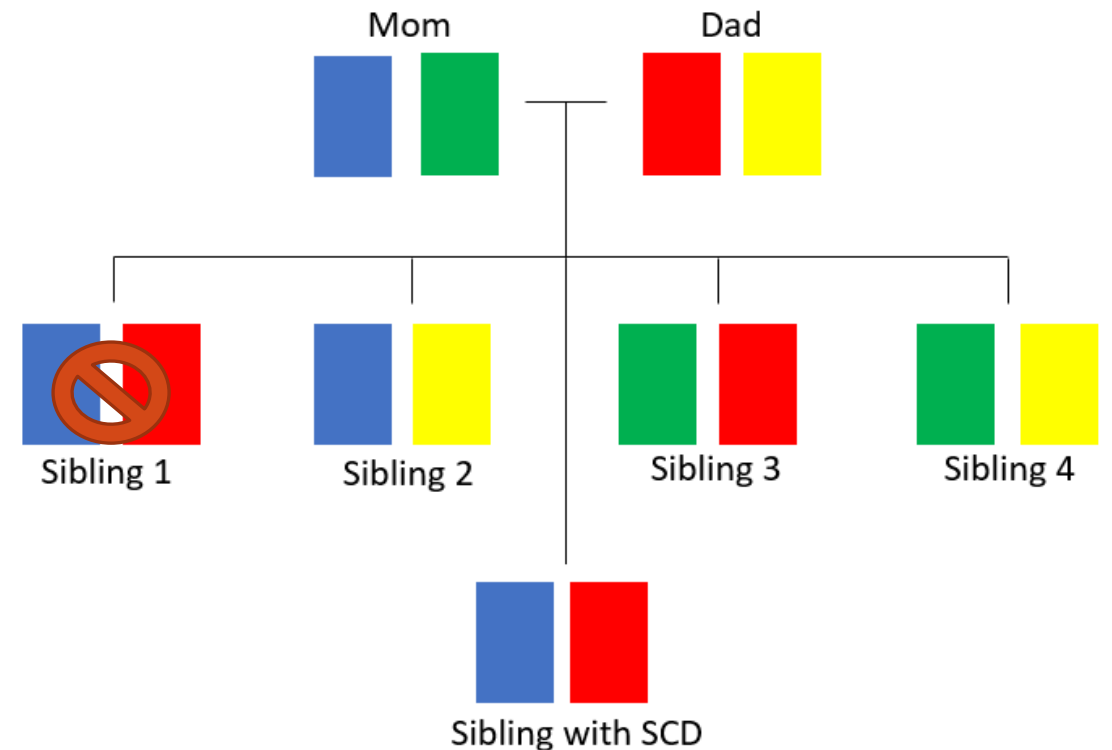
Alzahrani, et al. *Blood* 2020. 136; SI: 1-2



# BMT from Non-Matched Sibling Donors

## Alternative donors

- ❑ Matched Unrelated donors (bone marrow or peripheral blood)
- ❑ Umbilical Cord blood (not related to patient)
- ❑ Haploidentical donors (related donor but only half-matched)



**Gold Standard: Matched sibling donors**



# Matched Unrelated Donors: High Risk of GVHD

Study Year	Number of Patients	Median Age in years	Graft Failure	Overall Survival	Event-free survival	GVHD
Shenoy, 2016	29	14 years	10%	79%	69%	<b>62%</b> <b>(38 % severe)</b>
Gluckman, 2020	70	Unknown	Unknown	86%	72%	<b>24%</b>
Ngwube, 2020	14	13 years	7%	100%	93%	<b>57%</b> <b>(All mild except 1 patient)</b>

Follow up ranging from 1.5 year to 2 years

**Graft failure:** Transplant did not work

**Overall Survival:** Alive with or without SCD

**Event Free Survival:** Alive without SCD

**GVHD:** Graft versus host disease

Shenoy S ,et al. *Blood* 2016;128: 2561-7.  
 Gluckman E, et al. *Hematol Onc Stem Cell Ther* 2020; 181-188  
 Ngwube A, et al. *Blood Adv.* 2020; 4: 3894-99



# Unrelated Umbilical Cord Blood Donor: Risk of Graft Failure

Study Year	Number Patients	Median age in years	Graft Failure	Event-Free Survival	Overall Survival	GVHD
Ruggeri, 2011	16	6	44%	50%	94%	Unknown
Kamani, 2012	8	13.7	63%	25%	88%	0
Abraham, 2017	9	4	22%	78%	100%	33%
Parikh, 2021	13	4	8%	85%	85%	69%

**Graft failure:** Transplant did not work

**Overall Survival:** Surviving with or without disease

**Event Free Survival:** Surviving without disease

**GVHD:** Graft versus host disease

Follow up ranging from 2 to 3 years

Ruggeri A, et al. *Biol Blood Marrow Transplant.* 2011; 17: 1375-1382.

Kamani NR, et al. *Biol Blood Marrow Transplant.* 2012; 18:1265-1272.

Abraham A, et al. *Biol Blood Marrow Transplant.* 2017; 23: 1580-1596

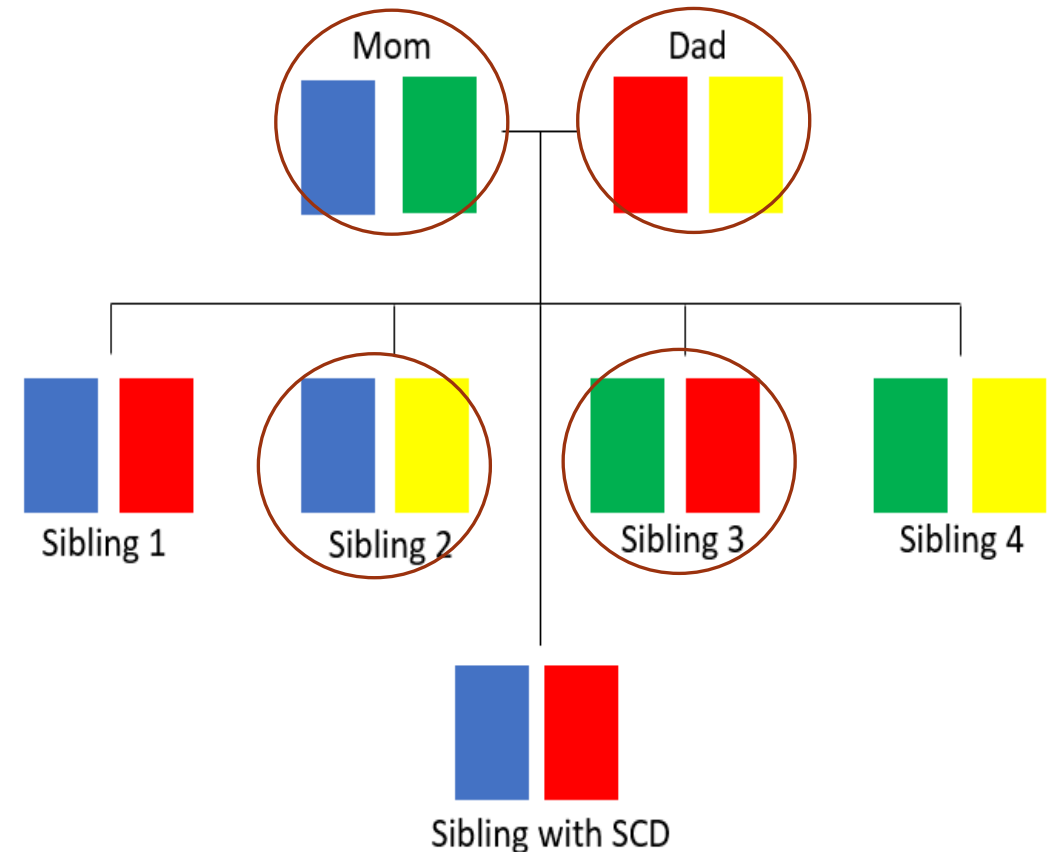
Parikh S, et al. *Blood Adv* 2021, 5: 843–852.



# Haploidentical: Half-Matched Related Donors

## A Donor for All

- ❑ Early studies high risk of graft failure (transplant not working) and GVHD (caused by white cells)
- ❑ Improvements over time: Getting rid of white blood cells responsible for failure and GVHD
- ❑ Two approaches:
  - ❑ Use chemotherapy (cyclophosphamide) after transplant to destroy white blood cells
  - ❑ Remove white blood cells before the “graft” is infused to patient



# Outcomes Following Half-Matched Related BMT

Study Year	# Patients	Median age	Graft Failure	Overall Survival	Event-Free Survival	GVHD
De La Fuente, 2018	18	21 years	7%	100%	93%	33%
Bolanos- Meade, 2019	12	16 years	8%	100%	92%	29%
Foel, 2019	20	14 years	10%	90%	90%	25%
Talano, 2020	19	13 years	0%	84%	84%	6.7%

Follow up ranging from 1 to 2 years

**Graft failure:** Transplant did not work

**Overall Survival:** Alive with or without SCD

**Event Free Survival:** Alive without SCD

**GVHD:** Graft versus host disease

De La Fuente, et al. *Biol Blood Marrow Transplant*. 2019;25:1197-1209

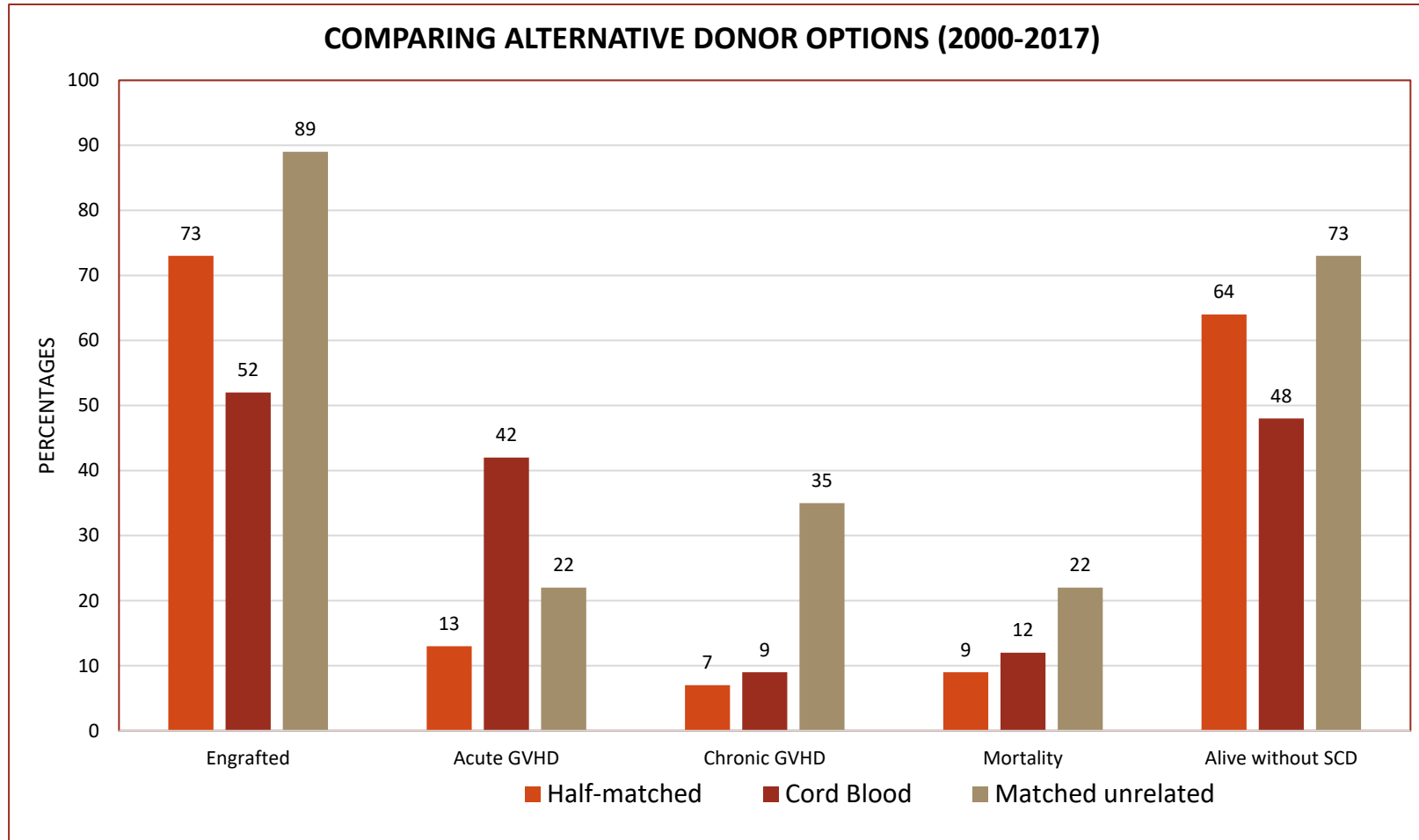
Bolanos-Meade et al. *Lancet Hematol*. 2019; 6: e183-93.

Foel J, et al. *Bone Marrow Transplant* .2019; 54:1859-1867.

Cairo M, et al. *JAMA Pediatr*. 2020;174(2):195-197.



# Outcomes: Non-Matched Sibling Transplants



- Recommend on a clinical trial
- Currently no one donor is better than the other
- Choice
  - Transplant center preference/experience
  - Available clinical trials
  - Family preference

Adapted from Joseph J et al. *Semi Hematol*, 2018; 94-101  
Eapen M, et al. *Lancet Hematol*. 2019; 6: e585-e596.



# Factors Impacting Outcome after BMT for SCD

## □ Younger Age:

- Every 1-year increase in age at time of transplant increases risk of transplant failure or death by 9%

## □ Donor Type

- Matched Sibling Donor = Best outcomes
  - We can now consider **BMT in patients with less severe disease.**
- Non-sibling donors: No one is better than the other based on current data.

□ **≤ 12 years AND matched sibling donor = best outcomes.**

Gluckman E et al. *Blood*. 2017; 129:1548-1556  
Nickel RS, et al. *Blood*. 2014;124: 861-866.  
Eapen M, et al. *Lancet Hematol*. 2019; 6: e585-e596.



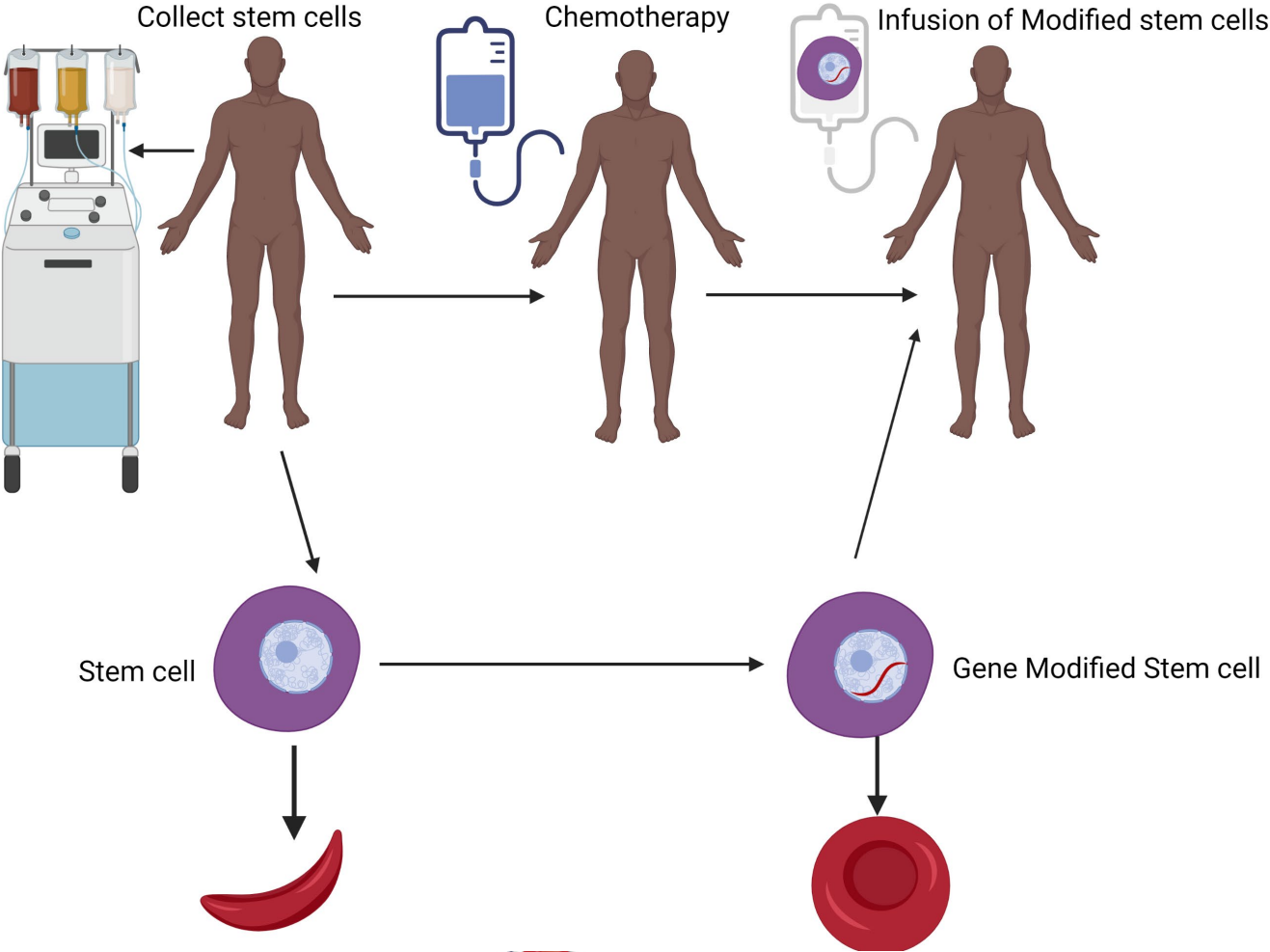


# What is Gene Therapy?

- ❑ An experimental technique using genes to treat patients with diseases such as sickle cell disease
- ❑ Approaches being studied include:
  - ❑ **Replacing** a defective gene that causes disease with a healthy copy of the gene.
  - ❑ **Inactivating**, or “knocking out,” a gene that is functioning improperly or controlling the production of another gene.
  - ❑ **Introducing** a new gene into the body to help fight a disease.



# Gene Therapy for Sickle Cell Disease: The Process



- ❑ Collect stem cells: may need more than 1 session
- ❑ Medicine for collection: plerixafor
- ❑ Still need chemotherapy



# Gene Therapy: Pros and Cons

## Pros

- ❑ No need to search for donor
- ❑ No graft-versus-host disease

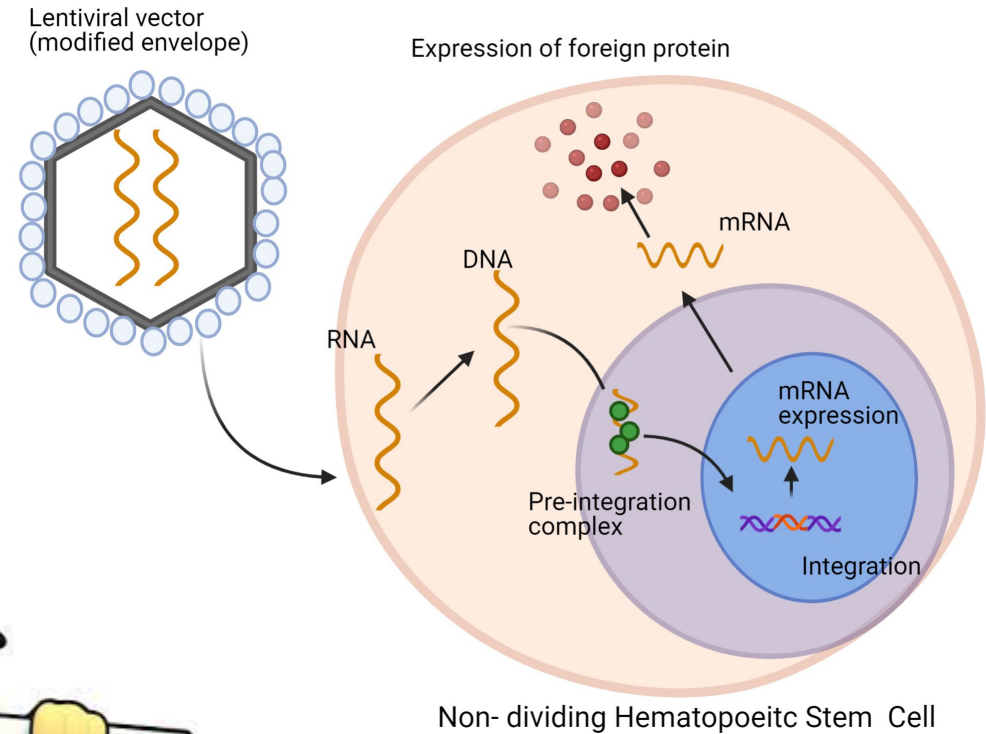
## Cons

- ❑ Still need chemotherapy
  - Infertility
- ❑ High cost, only on research trials
- ❑ Long term effects unknown
  - Need long follow up (15 yrs)
- ❑ Monitor for Cancers



# Gene Tool: Lentiviral Vector (Postman)

- ❑ Carry gene (message) of interest and deliver it to target cells (stem cell)
- ❑ Insert/introduce genes (message) that code for hemoglobin (protein) that does not cause the red cell to sickle.
- ❑ 1<sup>st</sup> patient: 13-year-old reported in 2017



Adapted from Amado R et al. *Science*. 1999; 285:674-676.



# Turn off a Switch to Allow/Reawaken Baby hemoglobin (HbF) production

Time	Type of Globin (protein) in Red Blood Cell	Properties of the Red Cell
Before Birth	Baby (fetal) Hemoglobin $\gamma\gamma$	Does not sickle
After Birth Unaffected person	Adult hemoglobin $\beta^A \beta^A$	Does not sickle
Person with Sick Cell Trait	$\beta^A \beta^S$	Does not sickle
Person with Sick Cell Disease	Sickle Hemoglobin $\beta^S \beta^S$	Red Cells Sickle

- ❑ **BCL11A: Switch in the gene controlling HbF production**
- ❑ More HbF: improved survival, less symptoms, less hospitalization

Baby Hemoglobin strong anti-sickling hemoglobin

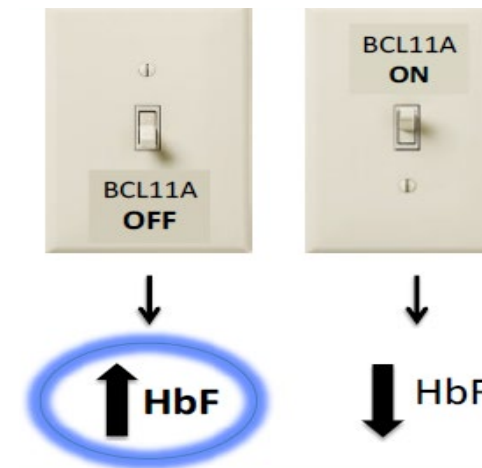


Image Courtesy of Drs. E. Esrick and D Bauer.



# Genome Editing Tools: Using Genetic Scissors

- ❑ **Nucleases (Genetic Scissors):** e.g., CRISPR
- ❑ “Cut” Piece of gene carrying Master switch (BCL11A): “release brakes” and allow Baby hemoglobin production
- ❑ “Cut and copy, paste” Use Scissors to remove defective gene, then copy a healthy gene and paste/insert it (replace)



Cut: BCL11A (master switch), increase baby hemoglobin production

OR

Cut, copy, paste/insert  
Repair sickle mutation



# Who is Eligible for Current Gene Therapy Trials

## Eligible




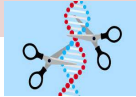

- Severe Disease
  - $\geq 2$  Vaso-occlusive crisis (Pain, acute chest syndrome, etc.) in the last 2 years
  - Failure or intolerance of hydroxyurea
- Age  $\geq 18$  and  $\leq 50$  years with some trials including  $\geq 7$  or  $\geq 12$  years

## Ineligible (currently)

- Central nervous system (brain) disease (stroke, silent infarct, Moya Moya)
- Prior bone marrow transplant
- Available matched sibling donor



# Gene Therapy Trials for SCD: Reported Outcomes

Clinical Trial	Strategy		# Patients	Chemotherapy	Comments
NCT 02151526	Adult like hemoglobin		3 patients (13-21 years)	Strong	All surviving. 1 patient: pain 30 months after gene therapy, and 2 <sup>nd</sup> patient: acute chest 6 months after gene therapy
NCT02140554	Adult like hemoglobin		36 patients (12-50 years)	Strong	2 Death: 1 due to heart issues, 1 due to blood cancer 1 another patient with blood cancer (alive) 1 patient: Needing transfusions All unrelated to gene therapy
NCT03282656	Delete Master Switch		6 patients (7-25 years)	Strong	All surviving 1 patient: sickle cell crisis 8 month after gene therapy
NCT03745287	Snip off Master Switch		3 patients (22-33 years)	Strong	All surviving None
NCT02186418	Baby like hemoglobin		3 patients (19-34 years)	Medium intensity	All surviving None

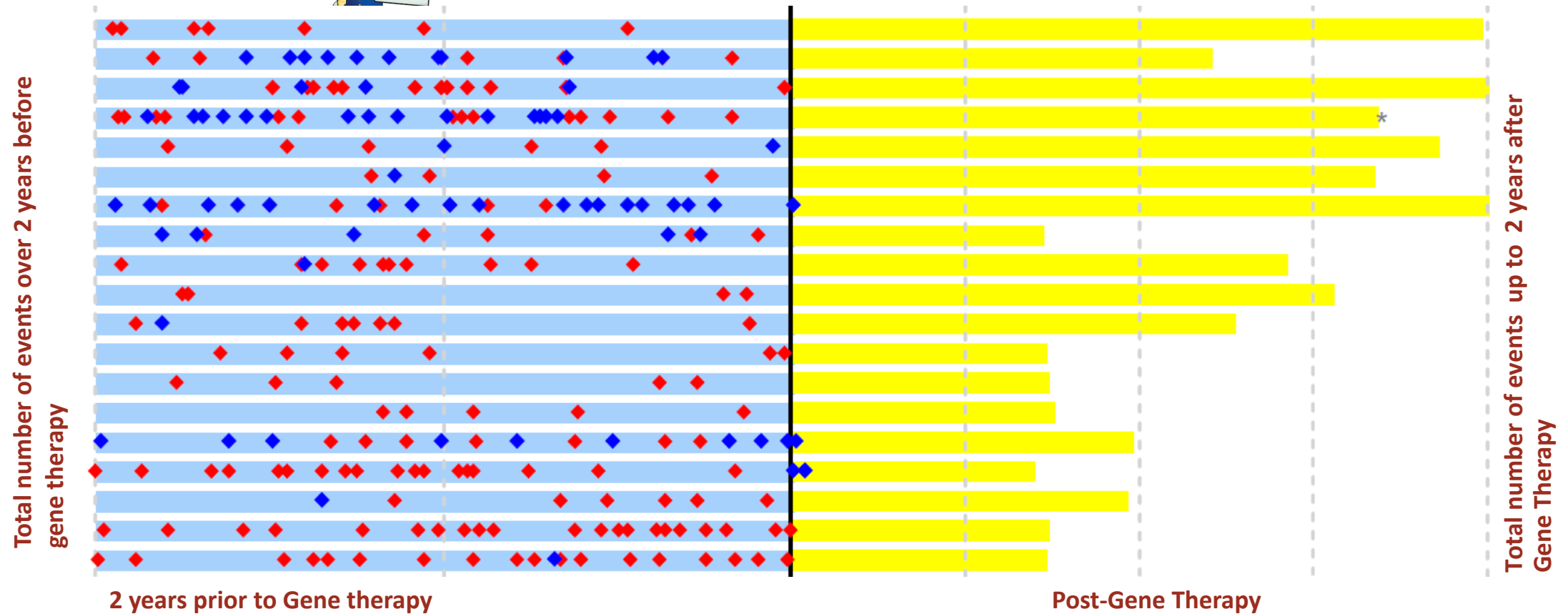
**Median follow up for all above studies: 3-4 years**



# Sickle Cell Crisis-Free Period after Gene Therapy



Method: Insertion of Adult like Hemoglobin

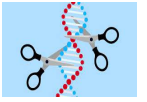


Each dot represents a sickle cell crisis event. Each horizontal bar a patient (total 19 patients)  
 Note there are no events after Gene therapy : Severe ◆ All other ◆

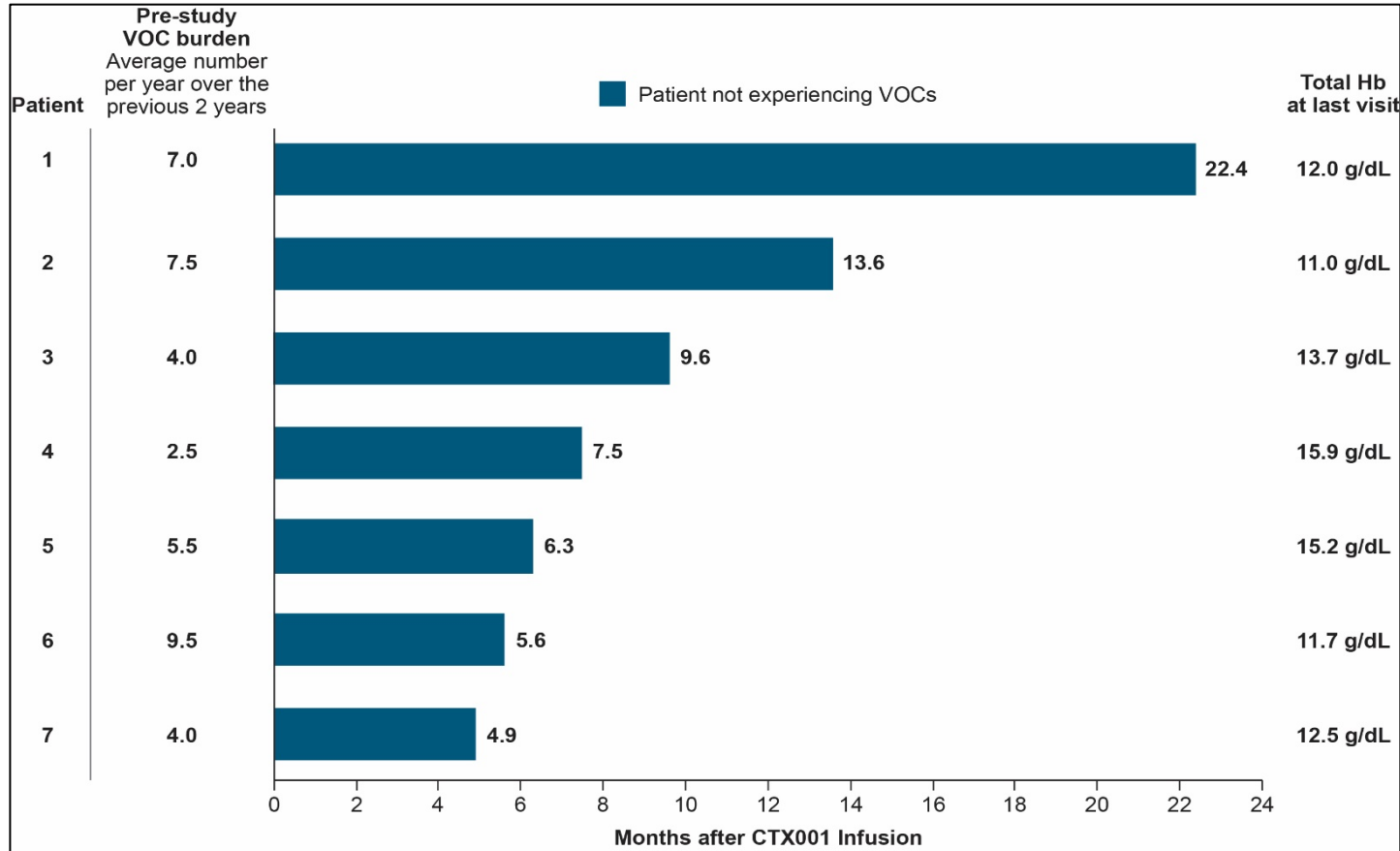
Thompson A, et al. *Blood* 2020. 136; S1:16-17.  
 Image Courtesy of Dr. A Thompson.



# Sickle Cell Crisis-Free Period after Gene Therapy



Method: Deleting Master Switch and allowing baby hemoglobin production

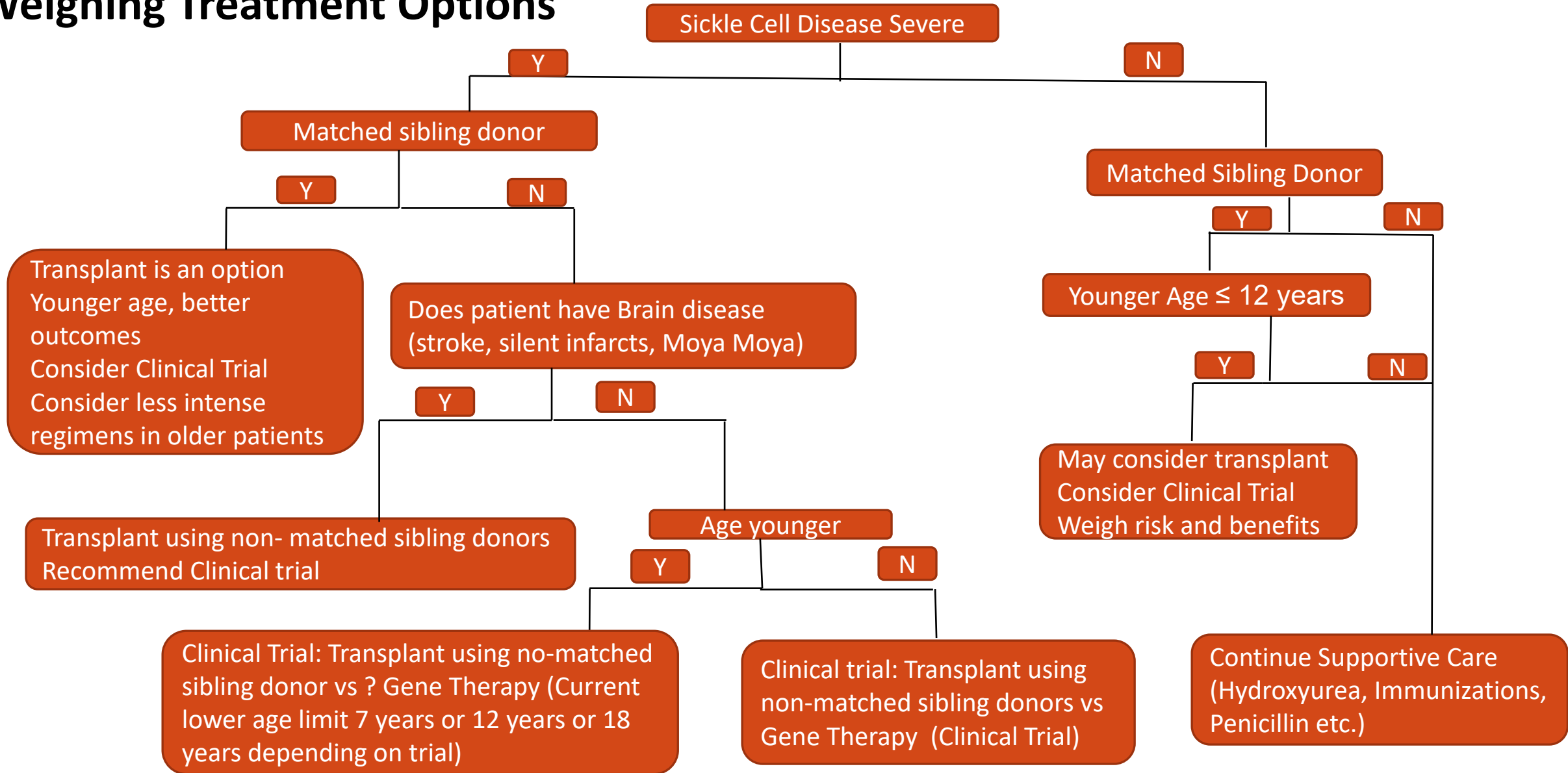


Number of months patients have remained free of Vaso-occlusive crisis (VOC) i.e Sickle cell crisis after Gene therapy  
Each horizontal bar represents a patient (total number of patients=7)

Figures with permission from Frangoul H.



# Weighing Treatment Options



# Conclusions

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- ❑ Matched sibling donor bone marrow transplant in sickle cell disease provides excellent outcomes, being considered in less severe disease
- ❑ Younger age donor (matched sibling and non-sibling) associated with improved outcomes
- ❑ Current data does not favor one non-matched sibling donor over another
- ❑ Gene therapy: rapid strides are being made, however longer follow up is needed



# RESOURCES

**Sickle Cell Transplant Advocacy & Research Alliance (STAR):** [curesicklenow.org](http://curesicklenow.org)

- Transplant for sickle cell disease educational materials & clinical trials information

**American Society of Gene and Cell Therapy:** [ASGCT.org](http://ASGCT.org)

- Gene therapy for SCD : [asgct.org/research/news/september-2020/patient-education-sickle-cell](http://asgct.org/research/news/september-2020/patient-education-sickle-cell)
- Clinical trials: Gene therapy for sickle cell disease: [asgct.careboxhealth.com](http://asgct.careboxhealth.com)

**Be The Match:** [bethematch.org](http://bethematch.org), 888-999-6743

- Information about transplant and sickle cell disease

**Blood & Marrow Transplant Information Network (BMT InfoNet) ([bmtinfonet.org](http://bmtinfonet.org)) 888-597-7674**

- Information about what's involved in having a bone marrow transplant
- One-on-one peer-support program

**Jason Carter Clinical Trial Search and Support Program:** [ctsearchsupport.org/sickle-cell](http://ctsearchsupport.org/sickle-cell) 888-814-8610



# Questions?



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**Sue Stewart, BMT InfoNet**

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